

#SomComunitatSomInclusió



ANNUAL REPORT 2019



FUNDACIÓ
Dr. Joan Pujol
EL RUSC

GREETINGS FROM THE PRESIDENT



Montserrat Niño
Presidenta

Dear all,

Another year has passed and we have had many experiences, most of them very good and with important challenges.

The decisions we have made will mark the future of our community. We are living an important growth and we will overcome the difficulties with right decisions and with the help of God and all of you.

To thank for the support of the technical team and our workers.

Thanks for being the way you are!

PRESENTATION

#SomComunitatSomInclusió. (#SomosComunidadSomosInclusión) The year 2019 has been full of emotions and great challenges and I would like to remember some of the phrases and slogans that have guided us during this time:

“We are all different, but equal in rights.” “Nothing about us, without us.” “Yes to inclusion”. “We are happy to be as we are.”

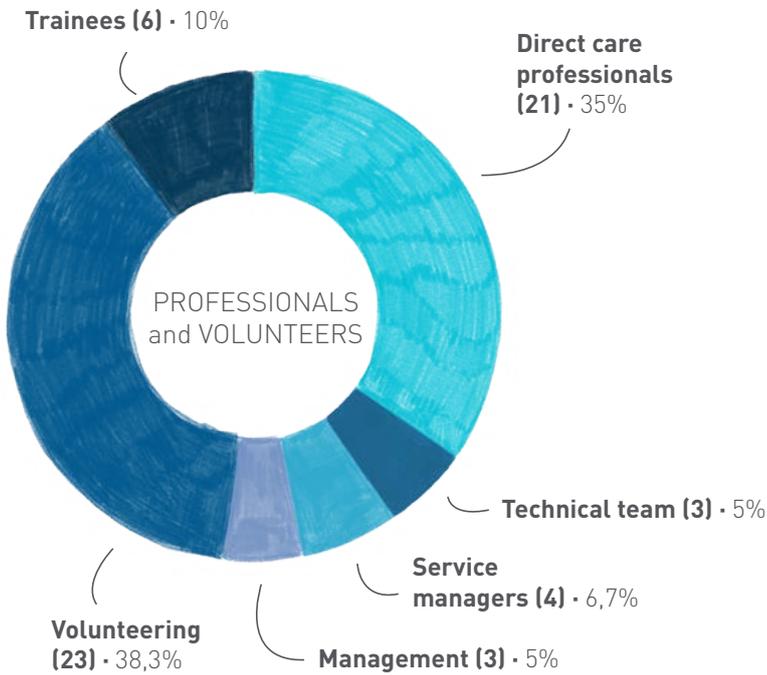
Our Community advances in the response to the needs of the people seeking maximum inclusion in Tordera. We have started to work on these needs by preparing the new El Rusc Project that allows us to create a new workshop and homes where people and the Community can grow in quality, social commitment and well-being, in the future. People with disabilities guide us by the essentials and, keeping this in mind, we wanted to delve into the use of a more inclusive vocabulary, this year. Seeking the sensitivity of what we want to call ourselves and in the defence of our rights. In this sense, political participation, through voting, has been another right that we have been able to exercise this year and that is an advance in the full democratic normalisation.

I want to thank all the people of the Community, educators, volunteers, members of the Board, families and friends who make El Rusc possible.

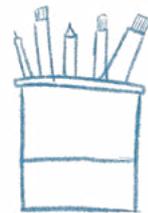
THE BOARD OF TRUSTEES

Composition of the Board of Trustees that appears in the Registry of Foundations of the Generalitat: **PRESIDENT:** Montserrat Niño · **VICE PRESIDENT:** Joan Prat · **SECRETARY:** M^a Dolors Lleal · **TREASURER:** Josep Muñoz · **VOCALS:** Jaume Barcons, Montserrat Gispert, Mercè Jiménez ,Suspiros Parreño, Josep Perich, Alain Saint Macary, Ramón Solé.

EL RUSC IN NUMBERS

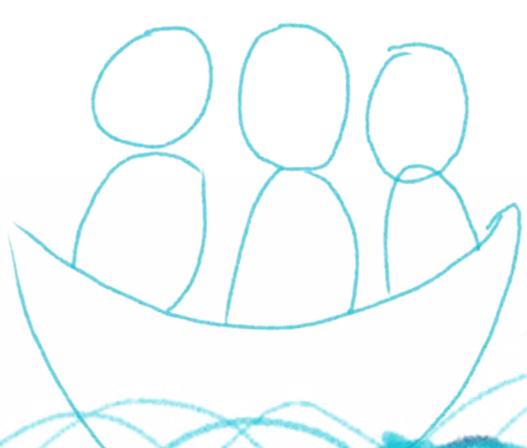


3 HOMES
26 PEOPLE



1 OCCUPATIONAL CENTRE
33 PEOPLE

ORGANISATION CHART





FUNDACIÓ
Dr. Joan Pujol
EL RUSC

I THINK
LIKE YOU,
BUT IN A
DIFFERENT
WAY



EACH
PERSON HAS
A UNIQUE
VALUE

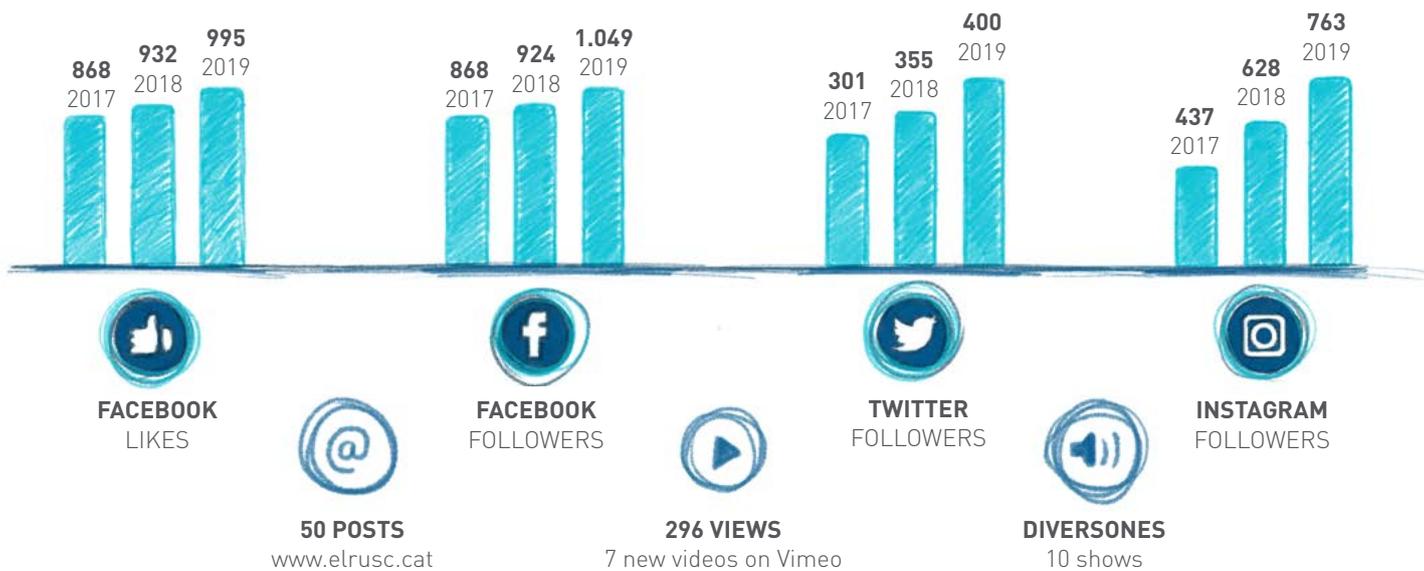


WE ARE
PEOPLE, WITH OR
WITHOUT DISABILITIES,
WHO WORK TO BUILD
A MORE HUMANE
SOCIETY



OUR
MISSION IS TO
MAKE KNOWN
THE GIFTS OF
THE PEOPLE

COMMUNICATION



DIVERSONES

On the website of The Ark International, they wanted to highlight a report about DIVERSONES, the radio program that we have regularly broadcasted for 13 years on Ràdio Tordera, and emphasise the value of being able to express ourselves through this medium.



access here ↓



THE WEEK OF PERSONS WITH DISABILITIES

This year, during the fifth edition of "The Week of Persons with Disabilities" we wanted to highlight words such as diversity, inclusion, rights and participation through the proposed activities. Activities that consisted of a debate about the language we use in our group, the collection of waste in the public areas of Tordera, the concert and the reading of the Manifesto of the International Day of Persons with Disabilities.



FIND OUT MORE ↓



THE HOMES

2019 has been a year of new challenges for the homes of the Dr. Pujol El Rusc Foundation. In general, the three households have continued to deepen the work of the PCP and communication in all areas. Each home has reviewed and adapted the **PCP** of each one of the core members, linking objectives to their needs, personal growth, desires and dreams ... for the coming year. Each home has transformed and adapted the **communication system** to the needs of the people, influencing the particularities and individual needs through a joint effort of the educational team, the technical team and the core member with the objective that the agendas, tasks and important information is guaranteed to reach all people involved. We have strengthened and increased the network related to **external activities** with the aim of a broad and inclusive socialisation. We have continued to play basketball, soccer and participate in theatre, with the Kedem Association. These activities have given us special moments such as the play "The Lion King ". The basketball games and soccer tournaments have brought many unique experiences for the core members and the volunteers. With the Faith and Light group, we have held monthly meetings and workshops, in addition to various trips together with groups from other municipalities. Some people continued to attend drawing classes at the Belles Arts School in Tordera and some have collaborated and joined the 'esplai' Garbell de Tordera during the Carnival festivities. We have also increased **independent trips** around town: like shopping, running errands, going to see the basketball tournaments at the town pavilion etc... At the same time, we kept going to the movies,

dining out, visiting people with whom core members used to live, cultural fairs, theatre, circus, participation in the Eucharist. In addition, birthday celebrations were opportunities for the core members to welcome friends and acquaintances into their homes to share these special moments together with them.



A group from the El Lledoner Home going for a walk

EL LLEDONER

The home El Lledoner has gained a member with the arrival of Júlia. She is very happy with the change and tells us that it suits her needs very well. She has experienced a quick and very positive adaptation. Leonah, Oliver and Gabrielle have been the volunteers in this home along with Charlotte and Lily, who arrived in September. The home has also welcomed Mary for a few weeks to gain experience as part of her internship. All of them have reinforced the educational work led by the technical team and home educators. Throughout this year, we have celebrated the retirement of Dolors, a member of the team of educators, and Lorena has incorporated into the team.

The people of the **home EL Petit Príncipe** were very happy with, and have celebrated, the arrival of Enric, who told us that he is very happy to live here and is learning many things. At the same time, they also celebrated, with great emotion the transfer, of Júlia to the home El Lledoner. Until September Antònia and Nina, and later Maria and Leoni, were the volunteers who brought the magic of friendship to all the people, and favouring and taking responsibility for many of the external activities. Throughout this year, the team of educators have said goodbye to Laura, with whom they maintain a friendly bond, and Jenny, who brought fresh air and many interesting initiatives, has incorporated into the team.

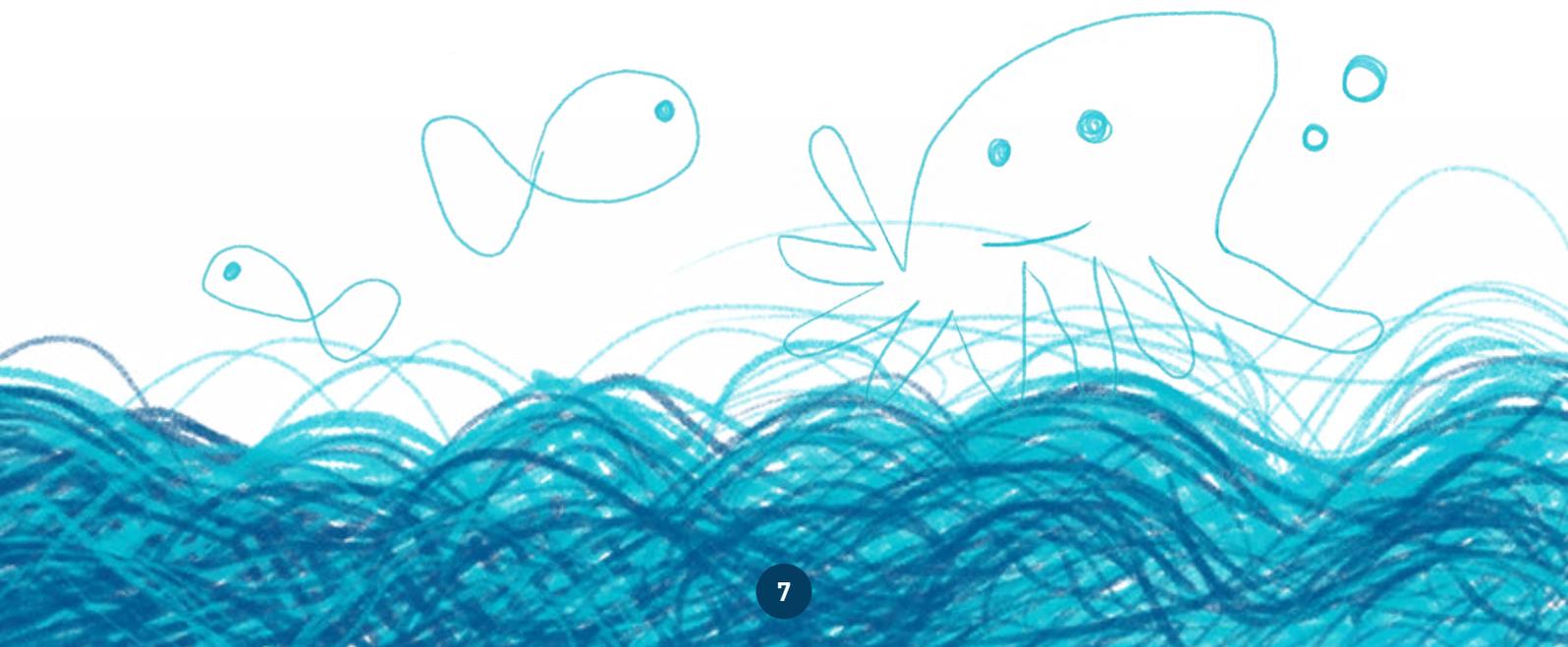
The home EL Brunzit is the home that has remained almost unchanged, but has worked very hard, to be able to adapt and grow in quality and autonomy of the service provided. They have enjoyed the motivating and special tasks of the volunteers Kubra and Isabel, until summer. From September, Katherin, Max and Emma have lead various external activities and participated in the Kedem play. The educational and technical team has maintained the same members who have acquired more responsibilities in the professional field. They have welcomed, and accompanied Miquel who has done his internship with them. The home has also had local volunteers, Pere and Anna, who have established friendships with some people in the home.



Arrival of Enric at the El Petit Príncipe home



Samuel from the El Brunzit home and volunteer Pere



THE WORKSHOP

INTRODUCTION

In 2019, we have organised our work by commissions (Fundraising, Spirituality, community activities, future project, ...), this has helped us to advance significantly and it has improved our service.

The community project commission has been most significant. This commission's role was to consult all the people who are part of the S.T.O. El Rusc, on the most urgent matters that needed to be solved. With this information gathered during this process, it has been possible to make an analysis of how new facilities of the centre should be in the future, in order to offer a service much more adjusted to the demands of the people who benefit from it today.

This commission has also been in charge of designing how these new spaces should be designed, the first phase of which is already underway and contemplates the idea of building new facilities where our S.T.O will be taking place in the future.



Welcoming Daniel at the El Rusc workshop

The plans have been shared with everyone involved in order to facilitate and promote the participation of all people in this new future project.

ANNUAL REPORT EL LLEDONER

- Incorporation of new professionals to the team, although there is already a team of two educators who distribute direct attention.
- Volunteering in a stable way, support for the workshop educator.
- Julia: new place of residence, with which El Lledoner will serve 7 core-members.
- Increase in PCP activities (Amparo, Julia, radio, ...).

ANNUAL REPORT EL RUSC

ACCESSIBILITY: Improvements to adapted toilets.

- Buy a new 5-seater vehicle in addition to those we already have.
- Expansion of the team of professionals, which gives us more versatility.
- Training plan adapted to new needs, (Arca International, internal system, Dincat, EADA, ...)
- Incorporation of two new workshop participants, Enric 11/02 and Daniel 11/03.
- Internships.
- Continuous evaluation through the Aegerus computer system.
- We close the course year by evaluating the activities, following the criteria established in the description sheets of the activities and a make a proposal for future planning.
- Working committee to plan new spaces for the future workshop.
- Creation of a second swimming pool group to respond to the PCP demand.

FUTURE CHALLENGES

As a main objective for 2020 and the following 3-4 years, we are working on designing a training plan appropriate to the needs of professionals. It will allow us to learn about the new working methods that we implement and it will help us to face the challenges that we face each day and see them as opportunities, not as threats.

It is necessary to enter a new culture that has to help us discover the importance of the individual role in the transformation process. The idea for 2020 is to work in a more planned way, attending to real needs and making much more precise interventions.

Working with a method that we are all familiar with will allow us to adjust more to the demands of our core-members, which constantly vary. We want to be a service that takes into account the interests and needs of the people to whom it is addressed.

During the next course year, we want to pass the management of the daily transport of the core-members, which we have provided yourself during the past 12 years, to the Regional Council. For this reason, a subsidy has been requested, in collaboration with the city council. This would allow us to reorganise some of the functions that we are now assigned to and provide a more adequate service.

We are in the process of solving some issues that we have already run into, such as; renovating furniture, creating storage space and making the necessary improvements to the multipurpose room in the El Rusc building to be able to carry out all kinds of activities with a group of 40 people. These improvements are necessary to continue with another of our main objectives: to fill the two available places and reach the total of 35.



Construction of the new spaces at the El Rusc Workshop

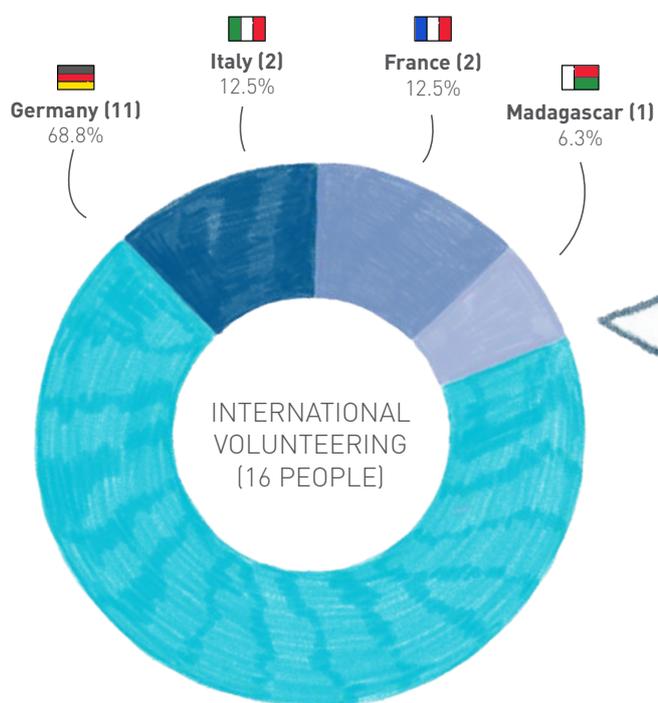


Making Christmas cards at the El Lledoner Workshop

INTERNATIONAL VOLUNTEERING

Because of the International Volunteering, it has been possible to cover many needs of our people. With supervision by the pro-

fessional team, external and internal activities have increased the quality of life of the core-members.



2 Italy (Marta, Gabriele)
1 Madagascar (Léonah)
11 Germany (Sofia, Isabel, Nina, Kübra, Antonia, Lilly, Emma, Leonie, Kathrin, Max, Maria)
2 France (Olivier, Charlotte)



The volunteers on a weekend trip



Volunteers participating in the Christmas lunch

"My experience at El Rusc was unique and full of good memories."

leonah

"El Rusc is a place where adventure, curiosity, emotion and inner peace come together. A year here has left me feeling more than in my entire life."

antonia

"All the people who live and work and have lived and worked in El Rusc have made it the magical place it is today. I will not easily forget all the emotions, relationships and experiences lived here or the people with whom I have shared them."

kiibra



**THE VOLUNTEERS,
FOR THEIR PART, EXPRESS
THEIR EXPERIENCE
AS FOLLOWED:**

"My experience at El Rusc has been a very important surprise in my life. Here I have discovered the profound importance of people in all shapes. What I have brought home is the happiness and beauty of life. All this thanks to who has accompanied me on this journey."

marta

LOCAL VOLUNTEERING

Volunteers, who live in close proximity of our entity, are committed to achieving our objectives. They strive to establish a network build on friendship, which generates connections between people and the community.

In 2019, we have had 12 volunteers who supported the different services of the community. Be it in the activities of the Occupational Centre, in the daily life of the homes, in the organisation and execution of community activities, in logistical tasks, or carefully supporting the core members.



Local volunteers providing support during an activity at the O.C.



Robin Sykes
Coordinator of
L'Arch International

Dear friends,

Once again, I had the joy of visiting the El Rusc community several times in 2019. The community continues to grow and develop its skills. El Rusc is a place of joy and inspiration for all who live there.

The community has a particular gift in the way of receiving people, this is what I have heard from many who have visited the community in 2019.

My best thoughts and wishes to all of you.

els avets

Twenty nineteen has been the final year of the 2015-2019 mandate, in which we see the improvements in the work for autonomy and self-determination of the core members, with a clear commitment to the coexistence of volunteering and the development of Person Centred Planning. Currently, eight people participate in eleven different and individualized activities, offered by several entities in our vicinity. We also highlight this year's community entertain-

ment activities that we have started with visits to different cultural, leisure centres, and the exchange with the Anvers Community in Belgium, last August.

Finally, as a novelty, we have obtained the accreditation of the Generalitat to manage the "Servei d'Acompanyament a la Vida Independent" that we will put into operation this 2020, along with other new challenges of the new mandate.



Friends from Els Avets



Dámaso, head of the Ark of Madrid, visits El Rusc

EL ARCA de MADRID

The wait has been worth it! After a few years, and a lot, a lot of work, finally the Ark community project in Madrid takes shape and becomes concrete in the opening of the first Home !! Thanks to a loan from the Alcobendas city council, we got our first house and we already have the required permits to start the rehabilitation and adaptation of the house. As soon as this period of confinement due to the Covid-19 outbreak is over, we can start with the work to be able to open and be up and running as soon as possible. With the vocation of being a Home open to all the friends of the Ark, and thanking the sister community "El Rusc" for the good advice and all the help provided, we hope to see you all soon.

THE HOME

The purpose of this project is to start up El Arca's first home in Madrid, which will host a total of 12 people, 8 of them with intellectual disabilities and the others will be long-term volunteer assistants, in addition to the professionals regulations establish.

A home in which they will form a family nucleus that will allow them to emancipate themselves, and have all the autonomy and independence possible, relying on these family ties and on the professional structure of caregivers and monitors, provided by the community of Madrid for this type of sheltered housing.

Through the implementation of this first 'Hogar del Arca' in Madrid, we will develop, maintain, increase and optimize its autonomy and independent operation at home and in the community. As well as to guarantee the private life and the emotional and affective balance of our residents in a home environment and family atmosphere. Teach them to make use of their free time, enjoy leisure and promote their spiritual growth, contributing to their general well-being.

SUSTAINABLE VEGETABLE GARDEN

With the implementation of the first 'Hogar del Arca' in Madrid, we are going to take advantage of the wonderful garden we have, to create, together with the residents, our own sustainable vegetable garden, which allows us to be self-sufficient by producing the fruit and vegetables for our own consumption, as well as creating a culture of having a respectful relationship with the environment, both for the residents and their families and for friends of the Ark.

We want to be the first sustainable home in Madrid, and for this we will not only make use of energy efficiency measures and photovoltaic self-consumption, but we want to be pioneers implementing all kinds of training and exemplary measures that contribute to the dissemination of such an important topic nowadays.

Specifically, the first workshop of the Home, will be the sustainable vegetable garden that will be developed entirely by the residents of the home, (supervised by monitors and volunteers), but in which they will have to be involved on a daily basis. The content of the training and tasks will be adapted to the abilities and aptitudes of the residents. And a personal and community pedagogy will be applied, not based on the achievement of the objectives alone, but more on adapting to the student as he/she is, and can become.

SPIRITUALITY

What are my spiritual needs, what are my vital projects, how can I be an active presence in the world, how do I experience my growth in the relationship with others ...? These are basic questions that we are working on together, on a spiritual level. Moreover, they are questions to ask ourselves throughout our lifetime. In catechesis, Jesus always gives us a concrete answer.

"You have to live spirituality looking for quality of life in everyday life. You have to waste time, look for moments, make an effort to do the personal work of interiorisation."

Alain Saint Macary

"I am very well during the activity. Catechesis helps us to be better."

jordi

"I have a great time and I pray a lot for our families."

enric

"I really like being in the group."

julia

What do we think of catechesis?

"I have a good time here."

amparo

"I am very happy, proud; it is like a class that helps me a lot to live. It is very beautiful for me. I think that God, who is above, has helped me. I am happy to meet you, to make communion. It has been very nice because when I was little I couldn't do it and when I grew up, I was very happy when I did it."

isabel



Alain Saint Macary visits El Rusc



Eucharist in the chapel of El Rusc

FORMATION

CHALLENGES 2020

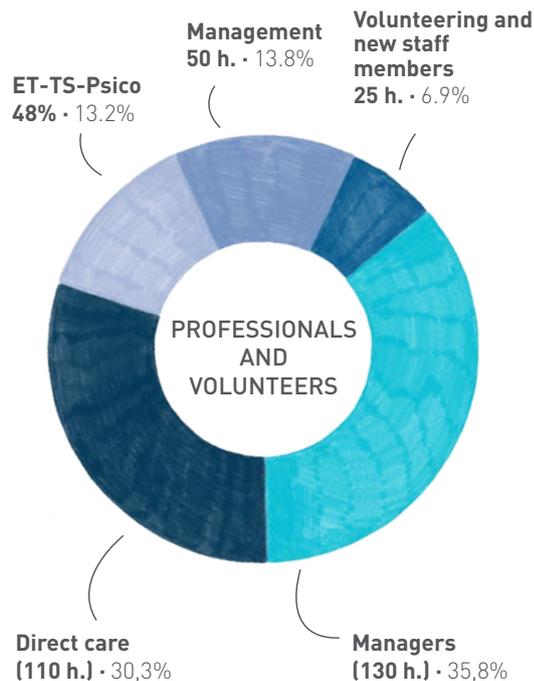
Carry out training focused on changes in management and leadership in order to define the future challenges of the different services, as well as the responsibilities. At the same time, carry on with the continuous training in aspects related to direct care. In parallel, being able to measure the work environment, quantitatively and qualitatively, and to carry out training in team consolidation.



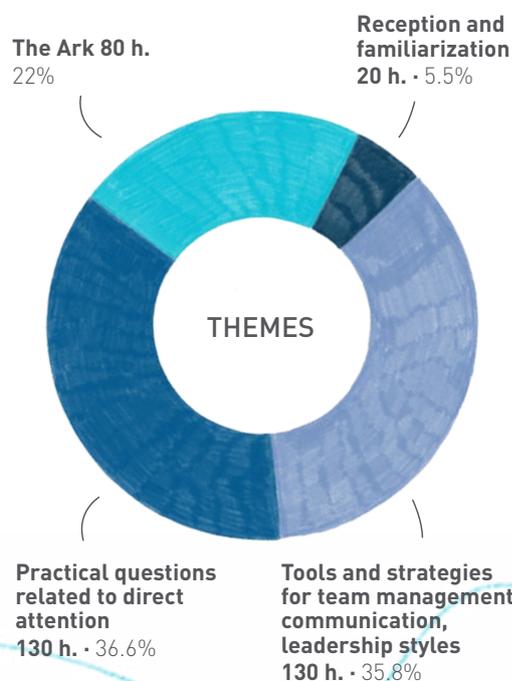
Formation of the Ark in Toulouse

OBJECTIVES 2019

With the desire to improve the quality of the service provided to the core members, this year, we thought it would be appropriate to focus the El Rusc Training Plan on the role and tasks carried out by the Team and Service Managers, as well as on Educators' tasks in the direct care. As far as the Managers are concerned, these trainings are aimed at providing tools and strategies for Team management, such as improving organisation and time or managing and conducting meetings. Regarding direct care, first aid training and follow-up of practical cases have been carried out. Regarding grief, training has been provided to new recruits and volunteers.



363 HOURS OF TRAINING



ALL THAT and MUCH MORE...



Carnival



Diada de Catalunya

'Mercat del Ram' Fair



Rubble Collection Fifth Week of Disability

Reading the Manifesto Fifth Week of Disability



General Elections 26M





Great Food Collection



Women Day

Meeting with La Roureda School



Workshop Meeting El Rusc and Els Avets

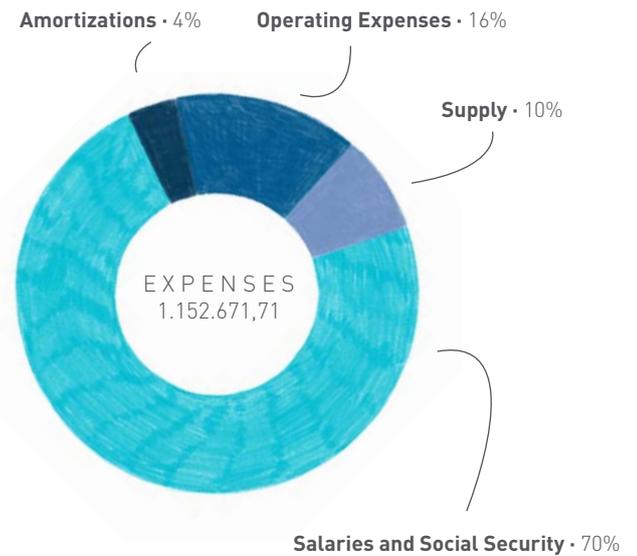
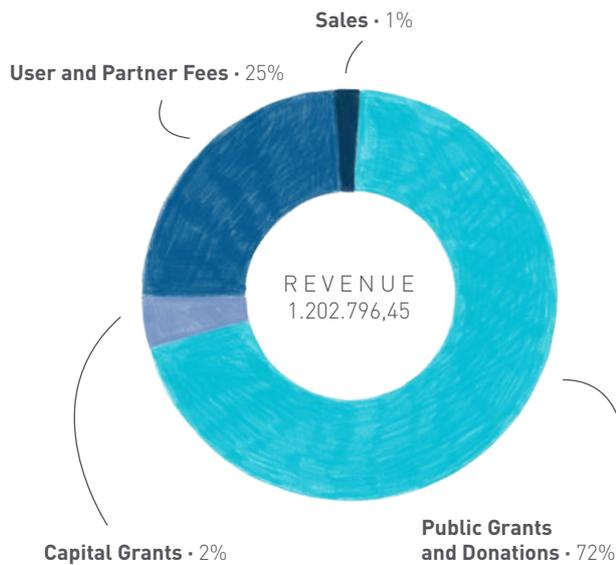


III UOC Seminar on Critical Studies and Disability



Tordera Christmas Fair

FINANCIAL REPORT



INVESTMENTS

ELIMINATION OF ARCHITECTURAL BARRIERS

Reforms of the lavatories and rooms of the Occupational Center to adapt to the regulations - 27.310,90€

APPLIANCES AND FURNITURE

Homes and Occupational Centre - 8.700€

IT

Computers / Various - 2.625€

VEHICLE

Dacia Lodgy car - 12.478,91€

SUPPORT FOR MOBILITY

Transfer crane - 4.203,67€



BUSQUET ECONOMISTES AUDITORS - ESTUDI JURÍDIC has audited the attached abbreviated annual accounts of the **FUNDACIÓ DR. JOAN PUJOL THE RUSC**.

With the support of



Amb càrrec a l'assignació del 0,7% de l'IRPF



The annual accounts and the report are presented in the Registry of the Department of Justice of the Generalitat and on the web www.elrusc.cat, in the section on Transparency, along with more extensive explanations about what we present in this reduced version.

COLLABORATORS

ARE MEMBERS



GUARDIAN FOUNDATIONS



Fundació
Malalts Mentals
de Catalunya

som
— fundació catalana
tutelar *Aspanias*



La Tutela
Fundació privada catalana tutelat



INSTITUTIONS



ENTITIES



COMPANIES



Bodega Felip

The Foundation is not responsible for or necessarily shares the opinions expressed by the collaborators. According to the law of protection of personal data 15/99 we inform you that your data has been incorporated into the Foundation's database.

La Fundació Dr. Joan Pujol el Rusc compleix:

- Reglament (UE) 2016/679 del Parlament Europeu i del Consell de 27 d'abril de 2016 relatiu a la protecció de les persones físiques en el que respecta al tractament de dades personals i la lliure circulació d'aquestes dades (Reglament General de Protecció de Dades)
- Llei Orgànica 15/1999 de Protecció de Dades de Caràcter Personal.
- Llei 19/2014 de transparència, accés a la informació pública i de bon govern.
- Pla autoprotecció. Llei 4/1997 de 20 de maig de Protecció Civil de Catalunya.
- Compliance o Model de Prevenció de Delictes segons modificació Codi Penal 2015 art.31 bis.
- Procés d'implantació ISO 9001/2015
- Desenvolupament protocols bones pràctiques i qualitat de vida.
- Codi ètic i de bones pràctiques

Contacte: comunicacio@elrusc.cat

FUNDACIÓ DR. JOAN PUJOL EL RUSC

Veïnat de Sant Ponç, 12 · Apt. de correus, 196 · 08490 Tordera
93 764 20 53 · administracio@elrusc.cat

www.elrusc.cat

