

ANNUAL REPORT 2018

ON THE MOVE WITH EL RUSC



FUNDACIÓ
Dr. Joan Pujol
EL RUSC

GREETINGS FROM THE PRESIDENT

Another year has passed and our people are doing well, with their ups and downs, but with a lot of desire to live and enjoy the moment. The projects of the Community continue advancing. We are achieving our goal with the help of God and all the people who contribute.

I would like to thank all the members that are part of this great family: technicians, educators, assistants, friends and the Board. If it were not for them, we would not exist. I want to finish by saying that I'm proud to be part of this, our, great family.

Thank you!

A hug,



Montserrat Niño
President

PRESENTATION

“On the move with El Rusc”. This motto (“on the move with El Rusc”) has motivated us during 2018 and it is what we have worked on in order to make ourselves present in the community. We feel that, being inviting and making El Rusc known, have made it a place of growth and transformation. I want to thank all the core members who make community life possible. Thanks to all the friends and workers who make the Community an incredible place full of life. Thanks to all the volunteers and to each one of the members of our Board of Trustees of the “Fundación d’El Rusc” for their tireless commitment and work. They have made it possible to let inclusion become a reality, each day.

We see the natural continuation of this movement of the Community, as an objective of evolution and reflection. That is why, we have proposed the following slogan for the year 2019: “Som Comunitat, som Inclusió” (We are Community, we are inclusion).

Delegate, strength, intelligence, movement, courage, are some of the words that will accompany us on this path and many more that we will add together with you, by your side.

Thank you!



Pere Domènech
Director

THE BOARD OF TRUSTEES



Composition of the Board of Trustees that appears in the Registry of Foundations of the Generalitat:

PRESIDENT: Montserrat Niño · **VICE PRESIDENT:** Joan Prat · **SECRETARY:** M^a Dolors Lleal

TREASURER: Josep Muñoz · **VOCALS:** Jaume Barcons, Montserrat Gispert, Mercè Jiménez, Suspiros Parreño, Josep Perich, Alain Saint Macary, Ramón Solé

IDENTITY

“ We are people with or without a disability that share life in communities within the International Arca Federation ”

MISSION

“ Show and recognize the unique value and gifts of people that are revealed through transforming mutual relationships ”

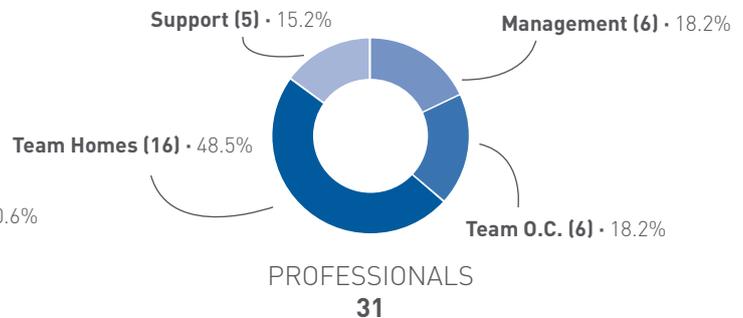
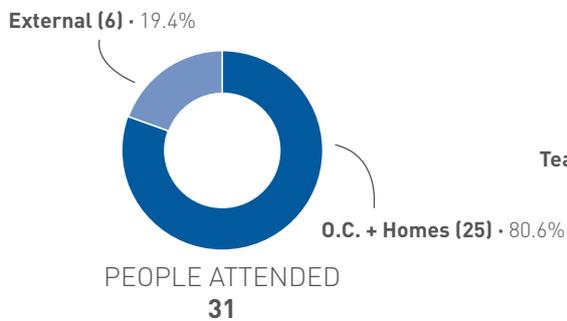
EL RUSC IN NUMBERS



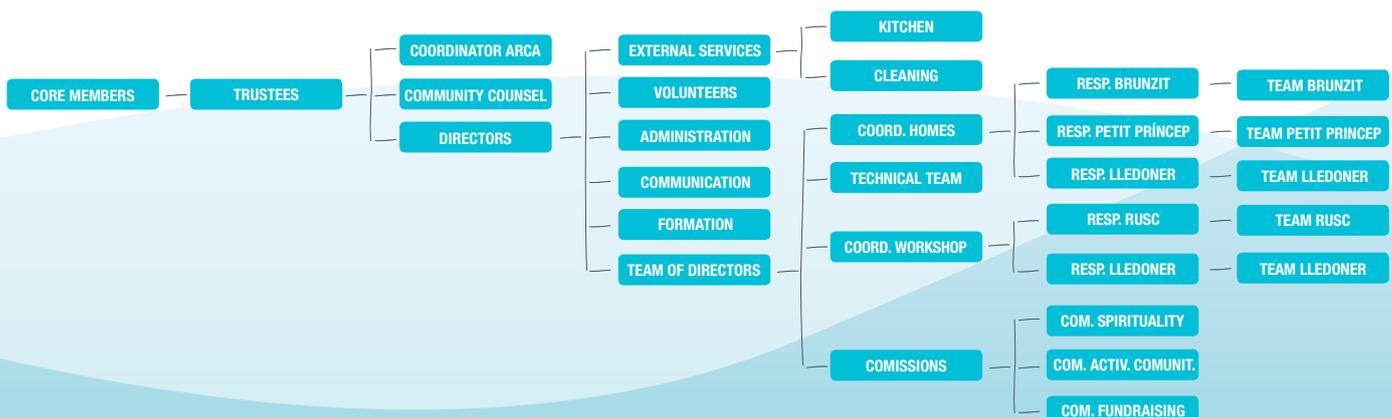
3 HOMES
25 PEOPLE



1 OCCUPATIONAL CENTRE
31 PEOPLE



ORGANISATION CHART



THE HOMES

EL LLEDONER

In 2018, we have experienced the consolidation of our team. After her maternity leave, Fatou has been incorporated again as one of the fundamental pieces. The stability of the team has made it possible to work on many things we planned and had set as objectives for 2018, such as spending more time outside of the home and therefore increase the mobility of the core members. The hours of watching television have been reduced and opportunities to participate in creative activities have been increased. The core members have been given the possibility to participate in external activities, like the Kedem Theatre and workshops, both located at the same place.

It has been a year in which the core members of El Lledoner have found a home where they can express their dreams, their desires and their frustrations and where they can create friendships. They especially enjoy spending time together, playing board games and inviting their friends and acquaintances over for coffee.

EL PETIT PRÍncep

Like every year, a group of El Petit Príncipe made a pilgrimage to Lourdes. Julia was able to participate thanks to the accompaniment of Lluïsa and Jordi.

Some of the core members (Enri, Jordi G., Sergi and Jordi P.) participate in theatre and basketball activities together with the Associació Kedem from Blanes, which motivates them and offers them the opportunity to maintain external relations.

Enri and Jordi continue to enjoy and contribute to the meetings that take place with "Faith and Light". They went along on a trip to Salou thanks to the accompaniment of Pere.

This year, one monitor and a core member from our foundation attended the Binomio training that was hosted by El Arca. Enriqueta and Bea set the bar very high. Sergi made a weekend trip in March and was able to show us the centre in Les Borges Blanques, where he used to be part of.



Jordi and Júlia from the home El Petit Príncipe



Samuel, Míguel and Pedro from the home El Brunzit

In addition to Antonia, Nina helps us with household chores on Sundays as a volunteer.

Like every year, we have had visitors, people who have left and others who have arrived. Antonia, from Germany, is a new volunteer that started at the end of August and she will stay with us for one year. We also had visits from other volunteers such as; Blaz (Slovenia) and Iveta (Czech Republic).

The evaluation process for José Luis has been completed and a new mandate as the Home Manager has been given. El Rusc, as our community space, is still the place to go to during the summer. The people will spend a part of their holiday there, divided into different groups, so they will not be there all at once. For the first time a dinner will take place for people who live, work and collaborate with the homes of our core members.

EL BRUNZIT

The year 2018 has been a year of changes and pedagogical consolidation for the home 'El Brunzit. The team and residents have worked on the PCP. Together we have established the foundations to work towards the growth and unity of all residents through the professional figure (the referent), the weekly assemblies of the home and the weekly reflections.

In 2018, the professional team has been constantly adapting to changes because of the departure of Marta and the welcoming of new professionals as substitutes. This experience has strengthened our ability to adapt and has provided us a fresh look on the team of educators such as Ivan, Mireia, Lorena and Jenifer who has joined the team this year.

2018 has been a professionally rich year in which the agreed objectives have been reached: The adaptation of communication to the capacities of all residents through pictograms. A network of external activities conducted by diverse entities with the objective of a broad and inclusive socialisation such as; basketball, theatre, faith and light, ties with establishments of the

town where our residents shop on their own, participation in the Eucharist of the town of Tordera, painting and sculpture, library. Adaptation of every day customs agreed upon during the home assemblies such as; weekly walks, cinema once a month, dining out in different small groups, photography workshop, individualized computer and reflection space and more.

2019 is also a year with challenges in continuing to work with the PCP as to expand the tasks of the referent, reorganize personal and common spaces to facilitate the daily management of the resident, specific training to improve the attention to the resident, create reflective and spiritual spaces with a common thread, continue working with the pictograms and sign language as means for communication (both adapted to the needs of each resident -reviewed in the PCP-) and maintain, improve and supervise the objectives achieved in the year 2018.



Juanito, Ana María, Christopher, Anna and Paula from the home El Lledoner

OCCUPATIONAL CENTRE EL RUSC

INTRODUCTION

In 2018, a renewed structure was consolidated based on the coexistence of two spaces / units: Workshops “Taller El Rusc” and “Taller El Lledoner”.

Taller El Rusc is located on the farm “El Rusc” and receives 25 core members. It has a wide range of activities programmed from the person-centred perspective (PCP).

Taller El Lledoner, located in Tordera, shares the same facilities as the home and offers services to 6 core members. It functions as a specialised unit that provides support and activities to people who are getting older and the needs that come with it. The support is always adapted to the personal needs of each core member. The activities that are being offered take into account their individual desires.

“ Respecting desires and personal goals, but also taking into account the needs and interests of each group ”

ACTIVITIES

The programming of the activities has been defined from a double perspective: individual and group. Therefore, respecting personal wishes and goals, but also taking into account the needs and interests of each group.



O.C. AS A FORMATIVE SPACE

Since 2018, the Occupational Centre continues to offer interns a space where they can learn. Formal agreements have been established with different educational centres and universities.

Students in practice: 4

IMPROVEMENTS

Improvements of the exterior of the workshop El Rusc.
Paving the perimeter of El Rusc.

Wooden railing to facilitate mobility inside the El Rusc enclosure.

Shower and Sink in the dining/community space of El Rusc, “El Pou”.

HIGHLIGHTS

This year, as a novelty, we started doing SPORTS at the facilities in the Sant Pere neighbourhood in Tordera. For some years, a group of core members have been requesting this activity and finally it has been possible to carry out their desire.

- Radio: The program “Diversones”, broadcasted by Ràdio Tordera, is being recognized and valued by the community. It gives voice to the core members, allows active participation and, at the same time, acts as a platform to claim our rights.
 - Computers: with the support of Punt Òmnia from Blanes, the interest in new technologies within our collective remains.
 - Ceramics: continuous to be “our brand”. A space for artistic and creative expression.
 - Horses: Horseback riding, executed at the new facilities of the Hípica Indiana, continues to be a very attractive activity. In addition, nature and direct contact with animals provide benefits and unique experiences.
 - Crafts / community based activities are part of the “El Lledoner” and “El Rusc” workshops offered to the core members. They allow them to acquire skills and techniques to create different types of artistic pieces.
- In addition, there are other activities that we have been doing for some time, such as Swimming pool, walks, workshops, kitchen, community based activities etc.



New railing to facilitate mobility in El Rusc

OBJECTIVES 2019

- Work for the active inclusion of our collective under the motto “We are Community, We are Inclusion”.
- Create spaces for participation through the Work Commissions that include all the members of our community (core members and staff).
- Continue adapting the offer of activities based on person-centred planning.
- Improve and simplify the internal organisation of our community.
- Expand training for the professional team.
- Improve the workspaces of the occupational centre.

VOLUNTEERING

IMPROVE THE QUALITY OF OUR SERVICE

In 2018 there have been many changes in the volunteer service, starting with the fact that the responsibility was passed on from Andrea to Christopher. That, together with the arrival of new volunteers, has modified the system. All of the volunteers offer their help in more than one service; in the homes and in the occupational center. They try to find a good balance between the needs of the services provided, the activities and the capacities of each core member.



Daytrip with the volunteers from abroad

Volunteering is an active part of our services. We must highlight the support of international volunteers and the local ones, from Tordera and surroundings, which means added value and quality to the lives of the people served.

DISTRIBUTION OF THE VOLUNTEERS

13 LONG STAY VOLUNTEERS
4 LOCAL VOLUNTEERS



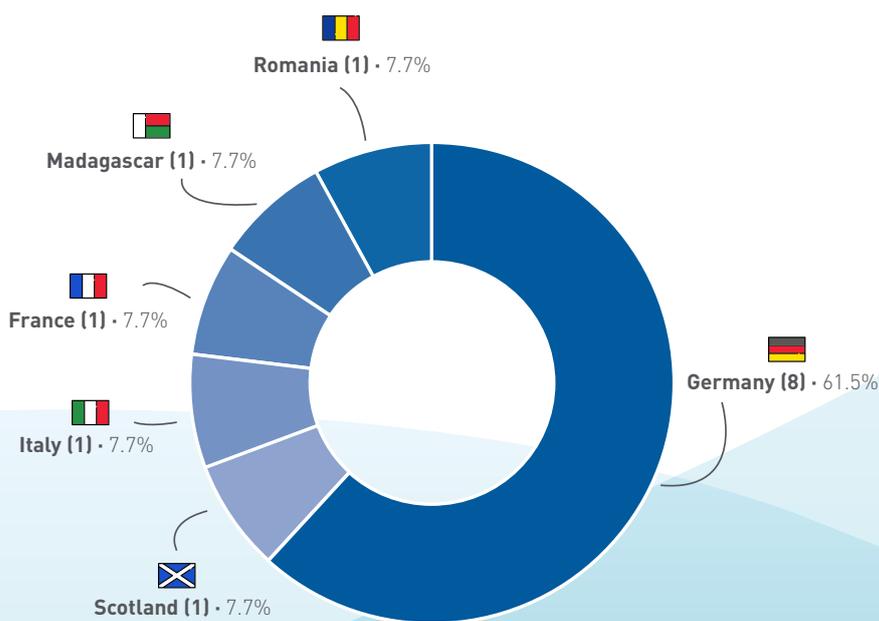
Accompanying the basketball team

Each year, we receive a group of short and long stay volunteers. They usually stay from three months to a year. Their presence is of inestimable value for the educators and increases the quality of life of the people served. The volunteers lead many activities and outings, always under the supervision of the team of professionals. They contribute these extras that would not be possible without their presence, their vision, proximity, human quality and respect for our people. It is difficult to imagine El Rusc without the volunteers.



Supporting the IV edition of the "Setmana de la Discapacitat"

ORIGEN OF THE INTERNATIONAL VOLUNTEERS





THE ARK IN WE CONTRIBUTE T



As always, it's a great pleasure to come and spend time with you all in El Rusc. 2018 continued in the flow of the 40th anniversary celebrations. The warmth of seeing the mutually transforming relationships in the community is a joy. My thanks go out to all of you who make this community experience possible. L'Arche international continues to support and accompany the communities in many different countries, where financially it's not so easy. Please continue to be the great support that you are in welcoming assistants for another cultural experience.

Robin Sykes
Coordinator of L'Arche International

THE WORLD TO MAKE IT BETTER

38 COUNTRIES IN 5 CONTINENTS

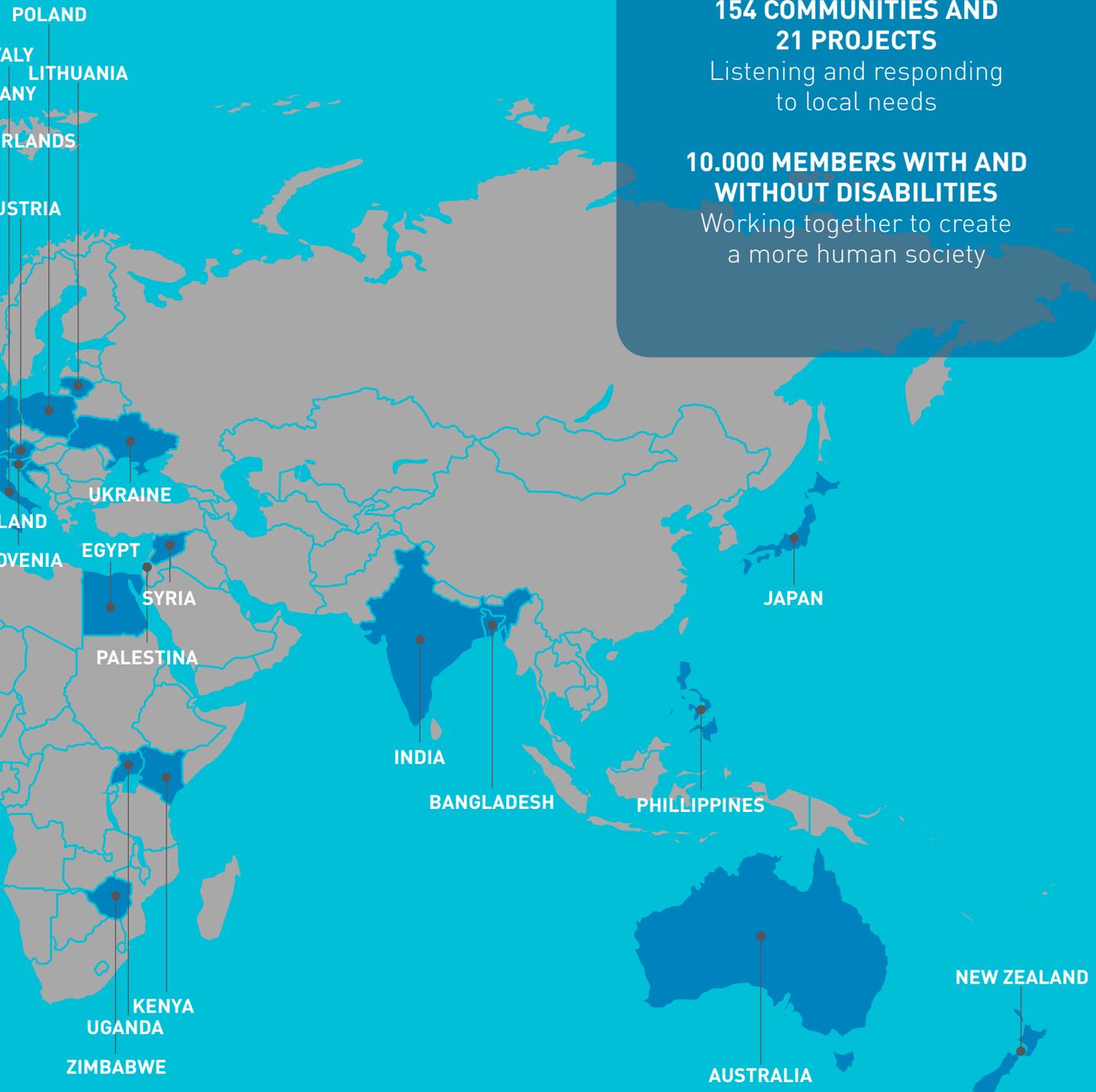
Being a sign of hope in a divided world

154 COMMUNITIES AND 21 PROJECTS

Listening and responding to local needs

10.000 MEMBERS WITH AND WITHOUT DISABILITIES

Working together to create a more human society



COMMUNITY ELS AVETS

THE GREAT CHALLENGE OF PERSON-CENTERED PLANNING



Family photo Els Avets

Advancing in the aspect of Person Centered Planning, some of the core members are becoming increasingly autonomous because of the help of their natural support system, activities and personal projects that motivate them. This means, not only working in a more concrete way on their autonomy and capacity for self-determination, but also the expansion of social relations and contact with other entities. Working on this constant improvement to achieve greater satisfaction for the core members is a challenge for all the professionals involved. Not only personal interests and motivations that can be fulfilled by the direct surroundings are being taken into account. We are also actively participating in activities enrolled by entities that have a social role in the community like the municipal library, public school JOR, residence for the elderly "La Ginesta and the association ATAP.

On the other hand, we have been reflecting deeply on the values of our Community. In the assembly,

we have presented and approved 5 main values with which we define ourselves:

dignity - competence - reciprocity - generosity - openness

Also, we cannot forget the people who have left us; Mónica Rodríguez went to a center that is more appropriate for her current situation and Jordi Galbaldà, who sadly passed away.

At the same time, two people have joined the Llar Els Avets and the STO: Esther and Maria del Mar.

SPIRITUALITY

LOOKING FOR THE ESSENCE AND IDENTITY OF THE ARK

Still savouring the fruits of our 40 years existence, we enter a new stage in which we want to strengthen and, at the same time, renew what is the essence and identity of the Ark, of El Rusc. In our current reality, we have to be very aware of the basics: the spirituality of relationships, that is; 'everything that is part of my

Jesus" in which a group of 12 to 14 boys participate. The monthly eucharisties on Thursdays at 3:30 p.m., along with the Christmas and Foot Washing traditions, which we celebrate in larger groups, are reasons for reunion and celebration of joy, and serve to strengthen the unity and relationships in our community.



Celebration at El Rusc

personal, internal life and what gives meaning to my doing / our doing in the Community'. It is essential to motivate and search for the spirituality within our experiences, so it is possible to add another dimension to each situation.

In order to reach all this, for a while now, the extended Spirituality Commission has been looking for the transversality of this aspect into our work. In this commission, all components of the community are represented. From the workshop, the homes, core members, volunteers until the friends who accompany us. We ask ourselves how we can discover and experience spirituality while sharing our lives in El Rusc.

A concrete aspect of working on spirituality is found in the catechesis that we will continue doing, every two weeks, in the premises of the Ignasi Iglesias school, which so kindly shares their accommodation with us. Our faith grows because of the activity "Somrient amb

It is important to mention the training we had in October, where we welcomed people from the International Ark who helped us to situate ourselves, to focus, propose objectives and to look for ways to grow as a community. There were spiritually strong moments. Moments of searching and communion among all the members.

Because of our openness and interest in the diocese, we also participated in the program "Temps d'Església del Bisbat" in Girona where we were able to make a good documentary about our Community.

And, most importantly: each person, each name that participates in our projects, the different values for which we fight; they all matter.

Hopefully we do not lose sight of this!

FORMATION

SUBJECTS · HOURS · SESSIONS

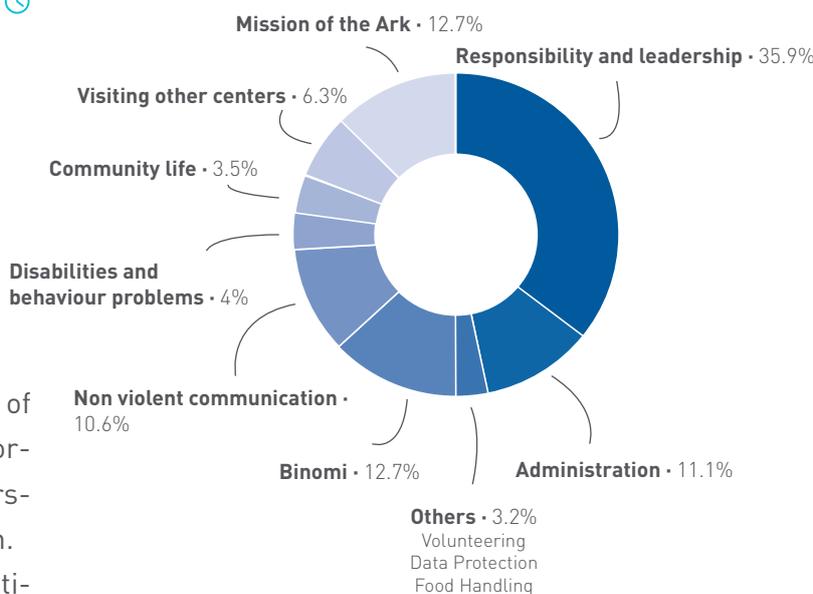
Responsibility and leadership	136	🕒
Administration	40	🕒
Training of Volunteers	06	🕒
Data protection	04	🕒
Food handling	02	🕒
Disabilities and Behaviour Disorders	15	🕒
The International Ark	176	🕒
Binomial		
Nonviolent Communication		
Visit to other Communities		
Fundraising		
Community Life		
The Ark's Mission		

OBJECTIVES 2018

Improve quality and professional practice, especially in the new structure of Teams and Responsibilities. Goal is to improve the quality of service and attention to the core members.

CHALLENGES 2019

Consolidate the new roles during the leadership of new projects in terms of Responsibility and Coordination by training in management and leadership, communication skills and conflict mediation. Detect training needs to ensure learning and continuous improvement of professional practice.



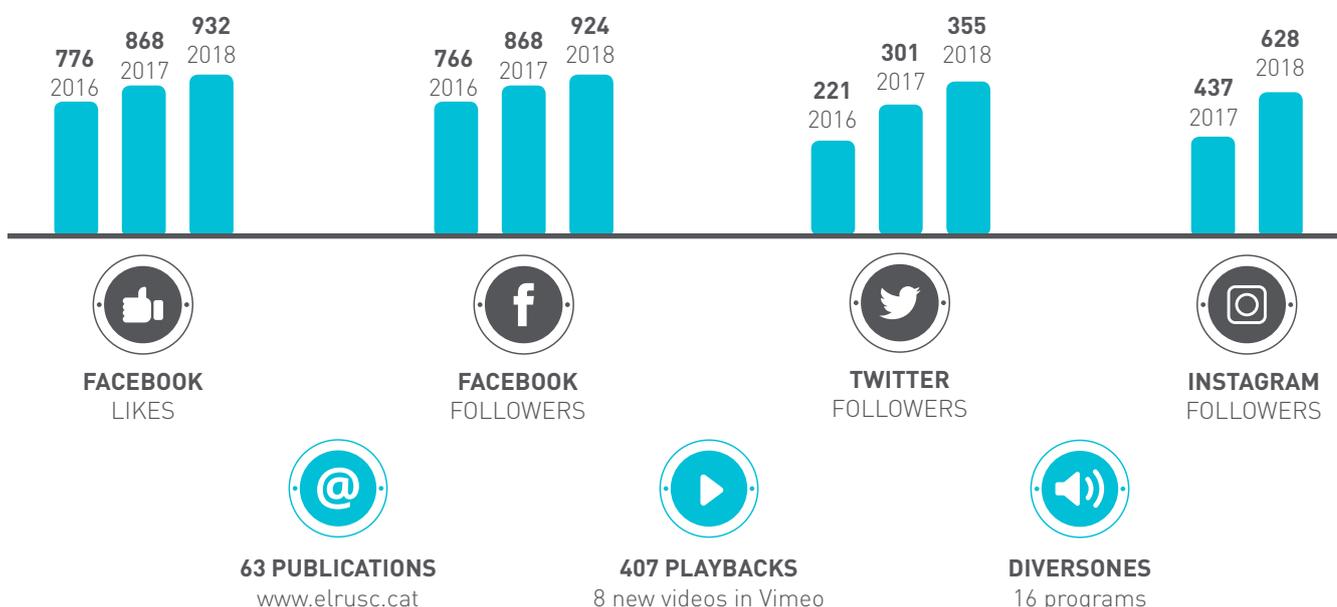
Community life training together with Els Avets

EL RUSC IN THE MEDIA

SOCIAL NETWORKS 2018

During the year we show life in El Rusc through our own channels such as the Website and Social Networks. We also use local media such as Ràdio Tordera from where we broadcast our own program “DIVERSONES”. We disseminate specific activities such as “The Week of Persons with Disabilities” through local media in Tordera and other nearby municipalities. In addition, three outstanding documentaries were made during 2018:

- “El Rusc Digital: 12 years of social empowerment through ICT”.
- “Living with intellectual disability” from the program Signes dels Temps de TV3.
- Documentary “Church Time” by the Bishopric of Girona.



IV SETMANA DE LA DISCAPACITAT

It is one of the community activities of El Rusc and we re-celebrate it each year coinciding with the International Day for People with Disabilities, on the 3rd of December. With the goal of finding room for relationship and reflection on issues that concern us and that affect everyone.



OUTSTANDING ACTIVITIES 2018



FIRA DEL RAM



DIADA DE SANT JO



11TH OF SEPTEMBER



CHORES DAY



WOMEN DAY



GRAN RECAPTE



PREPARING THE EXPO. FOR THE IV WEEK OF DISABILITY



FESTIVAL SANT PONÇ



ORDI



DING THE MANIFEST FOR THE IV WEEK OF DISABILITY



GOSPEL WITH RAY SYDNEY

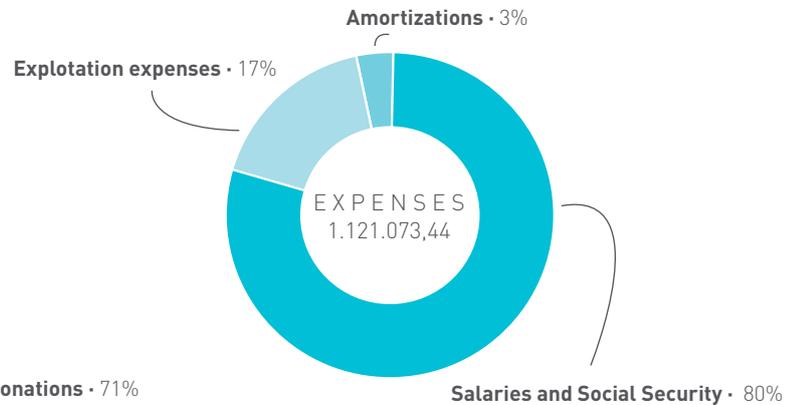
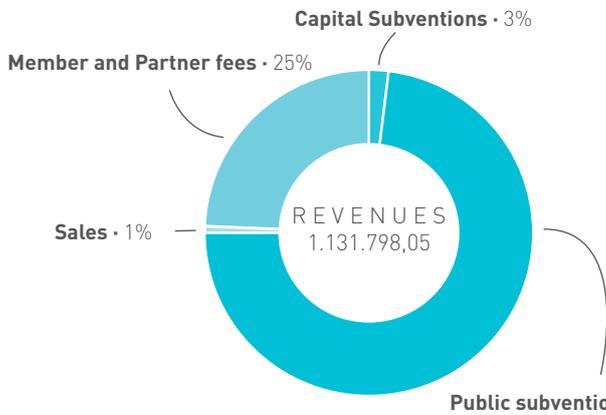


TALK ABOUT MENTAL DISEASE



TRIP TO VALLBONA DE LES MONGES

FINANCIAL REPORT



INVESTMENTS:

ELIMINATION OF ARCHITECTURAL BARRIERS

EXTERIOR OF THE OCCUPATIONAL CENTRE 3.825€

COMPLY REGULATIONS FOR THE OCCUPATIONAL CENTRE AND THE HOMES 6.700€

APPLIANCES

HOMES AND OCCUPATIONAL CENTRE 4.050€



BUSQUET ECONOMISTES AUDITORS - ESTUDI JURIDIC has audited the attached abbreviated annual accounts of the **FUNDACIÓ DR. JOAN PUJOL EL RUSC**

with the financial support of



Amb càrrec a l'assignació del 0,7% de l'IRPF



The annual accounts and the report are presented in the Registry of the Department of Justice of the Generalitat and are on the web www.elrusc.cat, in the Transparency section, together with more extensive explanations about what we present in this reduced version

COLLABORATORS

MEMBERS



FOUNDATIONS



INSTITUTIONS



ENTITIES



COMPANIES



La Fundació no es responsabilitza ni comparteix necessàriament les opinions expressades pels col·laboradors. Segons la llei de protecció de dades de caràcter personal 15/99 l'informem que les seves dades han estat incorporades a la base de dades de La Fundació.

La Fundació Dr. Joan Pujol el Rusc complex:

- Reglament (UE) 2016/679 del Parlament Europeu i del Consell de 27 d'abril de 2016 relatiu a la protecció de les persones físiques en el que respecta al tractament de dades personals i la lliure circulació d'aquestes dades (Reglament General de Protecció de Dades)
- Llei Orgànica 15/1999 de Protecció de Dades de Caràcter Personal.
- Llei 19/2014 de transparència, accés a la informació pública i de bon govern.
- Pla autoprotecció. Llei 4/1997 de 20 de maig de Protecció Civil de Catalunya.
- Compliance o Model de Prevenció de Delictes segons modificació Codi Penal 2015 art.31 bis.
- Procés d'implantació ISO 9001/2015
- Desenvolupament protocols bones pràctiques i qualitat de vida.
- Codi ètic i de bones pràctiques

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FUNDACIÓ DR. JOAN PUJOL EL RUSC
Comunitat de l'Arca fundada per Jean Vanier

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COVER ILLUSTRATION: MARC MASSAQUER